



## PHYSICAL EDUCATION POLICY



## POLICY STATEMENT



IQAC Department

Janata Shikhan Prasarak Mandal's

**Marturaoji Ghule Patil Art's, Commerce And Science College**

Ahmednagar Maharashtra India 414111



Bahujan Hitay , Bahujan Sukhay!

Janata Shikshan Prasarak Mandal's

**MARUTRAOJI GHULE PATIL ART'S,  
COMMERCE AND SCIENCE COLLEGE**

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Online College Code No-C02430

ID No.PU/AN/ACS/111/2009

College Code No.893,

Pun.Code-CAAA017120

## PHYSICAL EDUCATION POLICY

### POLICY STATEMENT

The Marutraoji Ghule Patil Art's, Commerce And Science College Physical Education Policy aims to provide adequate Physical Education facilities and opportunities that are wholesome so as to ensure a sound mind in a sound body, in order to equip the students to cope with the pressures of studying making them both emotionally, physically and healthy.

### OBJECTIVES

1. **To Ensure the Physical Development of the students and staff** namely the advancements of motor skills, or, in other words, one's ability to use and control their bodies. Gross- motor skills involve the use of large muscles in the legs or arms, as well as general strength and stamina.
2. **To Achieve the Social Development of students and staff** through a balanced set of **social** skills and learned adaptive behavior that enable an individual to interact well with other people, react positively and avoid behavior that has negative consequences.
3. **To Make sure the Emotional Development of e students and staff** by achieving the ability to recognize, express, and manage feelings at different stages.
4. **To Improve the Mental Development of students and staff** by enhancing the Brain power and Cognitive Ability through **physical activity**, which increases the flow of blood to the brain. It enhances the brain function, concentration, memory, thinking and cognitive skills.

## **Roles and Responsibilities**

- 1) Director of Physical Education
- 2) Staff Advisor of Student Cultural committee .
- 3) Sports Security
- 4) Nominated Sports Representatives from each Branch (1Male & 1 Female).

## **Major Responsibilities**

1. To advice on the development of a physical education program.
2. To supervise and coordinate all physical education activities.
3. Prepare, as required, the specifications for the purchase of physical education equipment's.
4. Make all claims for damaged goods to the appropriate office.
5. Responsible for the distribution and storage of all physical education supplies and equipment's.
6. Keep departmental reports as required.
7. Participate in entire in-service training
8. Plan different recreational activities important for growth of students
9. Prepare teams for the University competitions.
10. Responsible for conducting Intra-Mural and inter club competitions such as Football, Cricket, Volleyball, Shuttle Badminton, Chess, Caroms and the Annual Athletic Meet.
11. Responsible for conducting Inter- Collegiate Tournaments hosted by Marutraoji Ghule Patil Art's, Commerce And Science College such as South India Inter- Collegiate Mar Baselios Basketball Tournament, Mar Baselios All Kerala Inter-Collegiate Volleyball Championship.

## **ACTION PLAN**

1. Introduction of virtual classes for health and fitness
2. Planning to conduct online competitions such as chess.
3. More Inter-Collegiate competitions will be conducted.
4. Live Health and Fitness classes will be conducted for the staff.
5. Classes for diet related classes will be conducted for all.
6. Yoga session for better Health.
7. Gymkhana facility for all .

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