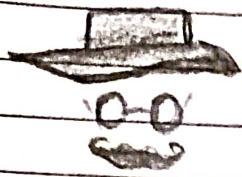


Name :- Beate preetika Arora
Class :- B.A. B.COM
Sub :- physical Education

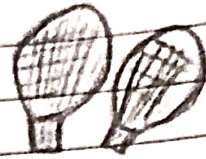


Index

1. History. — Pg. no. 1
2. Court Size — Pg. no. 3
3. Badminton as
a Sport — Pg. no. 4
4. Rules — Pg. no 5.



History



Games employing shuttlecocks have been played for century across Eurasia, but the modern games of badminton developed in the mid-19th century among the expatriate officers of British India as a variant of the earlier game of battledore and shuttlecock. Its exact origin remain obscure. The name derives from the Duke of Beaufort's Badminton house in Gloucestershire, by but why or when remains unclear.

The game originally developed in India among the british expatriates, where it was very popular by the 1870s. Ball badminton, a form of the game played with a wood ball instead of a shuttlecock, was being played in Thanjavur as early as the 1850s and was at first played interchangeably with badminton by the british, the woolean ball being preferred in windy or wet weather.

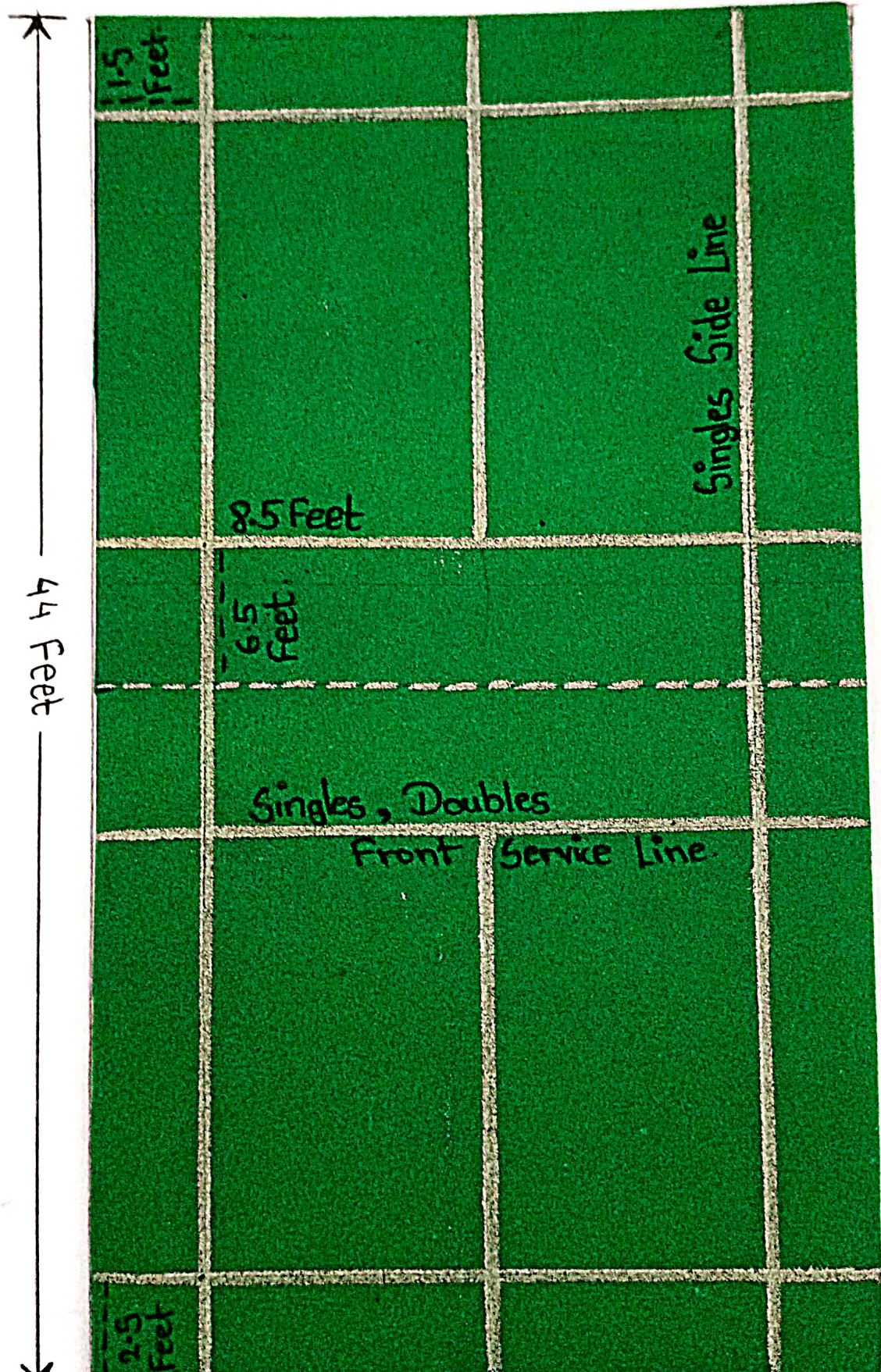
Early on, the game was also known as Poona or Poonah after the garrison town of Poona, where the first rules for the game were

drawn up in 1873. By 1875, officers returning home had started a badminton club in Folkestone. Initially, the sport was played with sides ranging from 1 to 4 players, but it was quickly established that games between two or four competitors worked the best.

The sport was played under the Pune rules until 1887, when J.H.E. Hart of the Bath Badminton Club drew up revised the rules. The badminton Association of England (BAE) published these rules in 1893 and officially launched the sport at a house called "Dunbar" in Portsmouth on 13th September. The BAE started the first badminton competition for gentlemen's doubles, and mixed doubles, in 1899. Single competitors were added in 1900 and an England - Ireland championship match appeared in 1904.

~~ History ~~

"Court Size"



Badminton As A Sport

Badminton is a racket sport played using rackets to hit a shuttlecock across a net.

Although it may be played with larger teams, the most common forms of the game are "singles" and "doubles". Badminton is often played as a casual outdoor activity in a yard or on a beach; formal games are played on a rectangular indoor court. Points are scored by striking the shuttlecock with the racket and landing it within the other team's half of the court.

In 1992, badminton debuted as a summer olympic sport with four events: men's singles, women's single and doubles, mixed doubles was added four years later. At high levels of play, the sport demands excellent fitness: players require aerobic stamina, agility, strength, speed and precision. It is also a technical sport, requiring good motor coordination and the development of sophisticated racquet movements.

Rules



- A match consists of the best of three games of 21 points.
- The players / pair winning a rally adds a point to its score.
- The player / pair winning a game serves first in the next game.
- At the start of the rally, the server and receiver stand in diagonally opposite services court.
- A player is not able to hit the shuttlecock twice.